





## THE GUARDIANS

FULVIO GONELLA

#### **CONTENTS**

	Intro
1	Ka
2	Tiger, Tiger Burning Bright
3	My Dream's Hero
4	Balloon
5	Don Quijote 3.0
6	Playfully
7	IAm
8	Protector of Dreams
9	Vegan Lunch
10	The Future Is Now
П	Dreams' Catcher
12	Magic Carpet
13	Night Walk
14	Patrolling
15	Rejoiced
16	Roaming
17	She has no fear
18	The Cliff
19	Sol Invictus
20	Straight Direction ?
21	Surfing
22	Wall Defense

Warrior Mommy

23

#### INTRO

I am the spirit of the castle
I am the castle and its soul
I am its walls and gates
I am the rooms and hallways
I am the people who defend it
And all their dreams

I am the Ka And my essence gives life To the Castle

## KA



The Castle is that place
Where Dreams come to shelter:
Sometimes from a danger
Most of times from abandon.

Under my mighty Wings Have rested All human dreams; Chased by Nightmares or Forgotten by their human.

See them wonder in desolation Through the immense hallways The heartbroken look of the first day Desperately looking for solace and healing.

In dismay they shiver
After they bump into the Tiger
Whose bright burning
Defends the gate and the Castle itself.

See them bow down in my presence Because I am Ka, I am the Castle, I am them all. Their dreamy heart lying at my feet, A Guardian will appear.

## TIGER, TIGER BURNING BRIGHT



Along the Castle gate
Burns a fire that never ends It's the Tiger, it's the Tiger That the world of Dreams defends.

No one is allowed against my will I'm the Ka and the Tiger is me. Friends will get in

There goes the Tiger walking Fiercely with her burning eyes Ready to fight a million foes Or brightly welcome my allies I was there (I always am) that time

When a young dream arrived It was scared and almost fading With no one left by its side

An army of Nightmares was behind it When the Tiger with a jump Made the bad dreams turn away And sent them to the dump. "Why you here?" Tiger asked. "I'm a dream of peaceful land Full of trees and ponds and birds Till the nightmares had me banned

I resisted, yes I did To protect him from anguish But the man was desperate And here you see me languish".

To the Castle go and heal I will hold the nightmares off When you seize his nights again Enemies paralyzed in fear will be. I'll oust his foes with a cough

> So the happy land restored The dream back to its place The man healed and recovered With a big smile on his face.



# DREAM'S HERO

Young and strong
But mind his sword
It will not take long
Before seeing yourself floored.

He's one of the five Heroes
The Castle towers and jewels
Who enemies turn into zeros
Making Nightmares stop short of risking duels.

One dark night a bullied boy's dream reached the gate It was defeated, hurt and in despair Help me Hero! I can't fail my mate.
The night was lit by his sword glare!

Solitude and Fear he fought A bunch of nightmares too The joy back he brought And sky turned blue.

Hero's song.



### **BALLOON**

He turns the fiercest foe into a kid's mate.

So the creepy nightmares of an adult

Vanish and let a kid's dream exult.

Grief was destroying woman's soul When Dream attention stole. The balloon flew to sky She was on a high.

Dreaming of kites
Flying her nights
To spur
Her.

#### DON QUIJOTE 3.0



Of the ancient Spanish lands
Comes the audacious Knight
Who windmills and nightmares disbands.

With his lance in rest
He welcomed the Dream
That was looking for support
"Poor me, my case is so extreme!

I'm a girl's best dream

But her mind is now packed

With foes that don't exist

I don't know how to react".

On his loyal Rocinante Jumped our brave knight Screaming "¡Adelante!" He was ready for the fight.

It was not a windmill

To be clear it was a fan

But it finally surrendered

To the courage of the man.

So the Dream was back on duty Making the girl's life bright And Quixote once again Comes victorious from a fight.

#### **PLAYFULLY**



Play!
That's what he'll say
To the lost dreams who plead
For help, shelter or lead.

Play!

With the biggest smile

He will make them dance and sing

Turning winter into spring.

He did that so many times

Even I (The Ka) have lost the count.

But those Dreams, when they went back,

Had the vigor Nightmares to smack.

And they used the power of Joy With their girl or with their boy.



II AM

In the blue

From the highest highs

It watches the Caste and its crew

Nothing can hide from its eyes.

I am the Ka and I can feel its pride
And the power its wings radiate
When it slowly approaches with a glide
And enemies prepare for checkmate.

No dream of pride his sleep can penetrate Said the dreams' leader with pain To the Eagle they all venerate Knowing it was not in vain.

Depression and disgrace let nightmares rule But their tenure was to end soon When the Eagle appeared with its eyes cruel And horrified they started to swoon. We're the Nightmares of disgrace Said the bravest of the gang Let us own this cursed carcase Where a happy man we hang.

A majestic storm of fury
Eagles wings spread open wide
Like the verdict of a Jury
Man's mind left unoccupied.

Pride Dreams were back to their thing Pushing man out of the dark So that pride and joy will spring In a new life happy spark.

Print on every pentagram Eagle's motto: I am!

# PROTECTOR LEGAMS OF DREAMS



hen a kid is scared at night

And the nightmares start to fight

Will the Castle send a vase

With four dragons set in place.

Adults can't see them at all

Children see them and feel safe:

All the nightmares at nightfall

Will start suffering the chafe.

The four dragons in a vase!

Room is guarded, let's go away!

No need for dragons to chase,

With their dreams kids back to play.



#### **VEGAN LUNCH**

So greedy of herbs and greens
He eats nightmares as they're beans
In a flash makes a room clean.

Monstrous nightmares are so scared For retreat they are prepared Had he to loom undeclared.

So dear kids and adults all Just in case you have to call Keep a carrot, big or small.

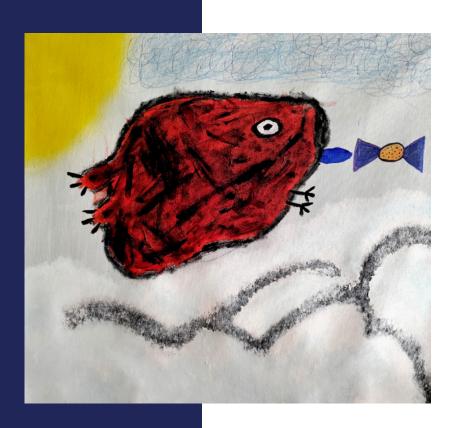
## THE FUTURE IS NOW

of the Castle he is the Lord For the Nightmares he's the end No one's alive who saw his sword Foes and friends their knee will bend.

To the rescue he will come
If your mental health's at risk
Getting rid of all the scum
It's his mission, makes him brisk.

A sworn enemy he' got Mister Dawdle is its name For centuries they have fought To destroy it is his aim.

You hesitate or linger
And to mister Dawdle bow
The smooth voice of a singer
You'll hear say: "Future Is Now".



#### DREAMS' CATCHER

They say it's a flying pig
That dreams swallows with a swig
In the castle a bigwig.

When a dream's getting bitter And it's lost all the glitter Our pet will make it fitter.

She will drink it and then mix With a candy, two or six And her belly do the tricks.

Figs and candies she will slurp Without warning she will burp Dreams Pang is gone with a chirp.



here she goes on her magic rug
And her weapon called hug.

She's the air force of the place Moving quickly with her grace.

So when nightmares dreams defy In a moment she will fly.

She will hug the dreamer tight And the force of the starlight

Will all nightmares swiftly crash And gloriously win the clash.

Guard of joy, soldier of love Coming quickly from above.

## **MAGIC CARPET**



#### NIGHT WALK

An owl as mate
Nightmares' way to block
And their plans to frustrate.

You can see them walking by
If you carefully look around
Singing a delightful lullaby
That all the monstrous nightmares leaves spellbound

The owl voice makes all children fall asleep While they're sweetly lulled by loving dreams And all their monsters run and weep Defeated in their own schemes.

Have a look every night An owl and his mate Come to delight Your sleep state.



t's a dragon! No, it's three!
Say all people when they see
Castle's patrolling appointee.

The fortress walls are secure
Nightmares will not take a tour
They would rather evil life abjure.

They roast enemies with fire Making their situation dire And wishing they could retire.

Dragons never leave the fort But to threaten it cuts short Evil plots of any sort.

# **PATROLLING**



## R<sub>E</sub>JOICED

She's the boss of glee and joy
Who will make you life enjoy.

With the power of her smile

She can make a land fertile.

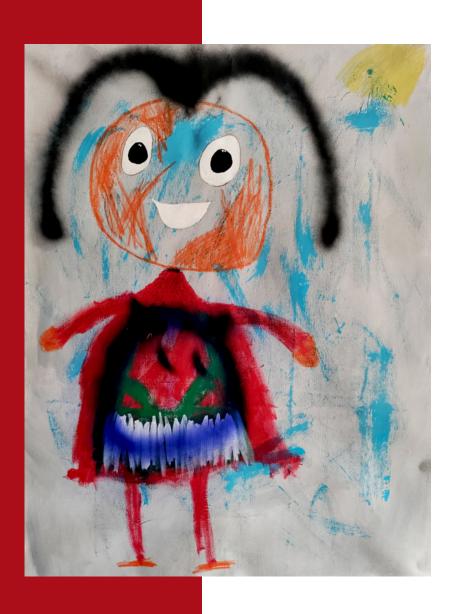
Dreams come begging for advice

And she smiles and hugs them twice.

A glow suddenly appears

Full of colors, toys and spheres.

And whatever was once sad Just like magic becomes glad.



#### **ROAMING**

n the streets of a city

You see her calm and pretty.

Just a kid girl with a smile

And a look so full of style.

But wherever nightmares be She'll be eating them for free.

They show up after the meal
On her T-shirt like a seal.

If you deeply think of her

Something magic could occur

In your place she might appear

To devour your pain and fear.



#### SHE HAS NO FEAR

There's no limit to her daring
There's no boundary to her fame
So the armour she's wearing
Could the name of war rename.

She's a hero of the five

Her red shield is her mark

None of her foes is alive

Her sword cuts the light from dark.

Think of of her lucent shield When you find yourself in tears Because when she is appealed She will kill all of your fears.



#### THE CLIFF

e's the rescuer in chief
Who's flying from cliff to cliff
To catch those who are falling
Because their lives are stalling.

Desperate calls here resound In the castle all around: Nobody will call in vain Because he will not abstain.

He will take you by the hand
He will let you firmly stand
He will tell you with his drawl:
"With strong wings you can not fall!"



# SOL INVICTUS

is shiny sword's never failed That's why Invictus he's named

In all battles he's prevailed

Heroes' hero he's acclaimed.

A million books need his feats

But one thing you have to know

If you're broken by defeats

Of your foes he is the foe.

In your dreams he will appear

He will whisper in your ear

You're invincible my dear.



## STRAIGHT DIRECTION?

f you're feeling dazed and lost

A solution with no cost

Is to have Castle gate crossed.

Meet this guardian, see his smile
Walk with him just for a mile
Talk to him in the meanwhile.

He will lead your dreams to light So your life will be so bright Everything will be alright.



**SURFING** 

Once upon a time
Came a Dream right from Trondheim
To confess a serious crime.

He fled the boy's mind.
When the guardian was assigned
He said: "Leave your grief behind".

"That night he was glad
I thought he would not get mad.
I escaped and now he's sad.

The fate made things worse:
Nightmares quickly cast a curse
And my act I can't reverse."

Guardian with a smile:
I'll be ending your exile
Let me ride you for a while.

Like a fairy tale

Was the Dream turned into whale

To the boy's mind back to sail.

With a brutal crash

By the whale enormous splash

Nightmares were cleared in a flash.

That night dreamed the boy

Of a man surfing with joy

On a whale, shouting: "Hoy! Hoy!"



#### **WALL DEFENSE**

e protects the Castle wall But whenever they will call He helps Artists above all.

A graffiti that's removed Is a Dream that was reproved It's a world that's unimproved.

So an artist who gives up Turns the world into a cup Good just for taking a sup.

So without any delay

He will jump with color spray

And avoid human misplay.

Look around there where you are On a wall just not too far There's his tag with a bright star.



She's a hero, she's a mum!

Her sword makes nightmares so glum.

She gives life to all the Dreams
That is why she always beams.

She's the mother of your hopes
The one that with hurdles copes.

For her you wake up restored Thanks to her amazing horde.

She will fight your dreamless days

And lead you out of any maze.

Call her when you're feeling blue She will quickly reach to you.

In the Castle or outside

Warrior mother is my pride.

#### **WARRIOR MOMMY**



#### FULVIO GONELLA ARTIST







@ fulviogonella



www.fulviogonella.com

